

# Arlington Memorial High School & Middle School

## Student Physical / Participation Form

Please return this form to the Athletic Office

### A. Personal Data

Student Name \_\_\_\_\_ D.O.B \_\_\_\_\_  
Address \_\_\_\_\_  
Home # \_\_\_\_\_  
Parent/Guardian's name \_\_\_\_\_  
Work # \_\_\_\_\_  
Cell # \_\_\_\_\_  
E-mail \_\_\_\_\_

### B. Medical history information

History of seizures: Yes or No  
Asthma: Yes or No  
Allergies: Yes or No  
If yes, please provide more information \_\_\_\_\_  
Any serious injuries: Yes or No  
If yes, please provide more information \_\_\_\_\_  
Medications: Yes or No  
\* If yes, please provide more information: \_\_\_\_\_  
\_\_\_\_\_

### C. Medical release signature

I, \_\_\_\_\_, give the head coach or a member of the staff permission, that if my son / daughter receives an injury requiring immediate medical attention, to act in my behalf regarding the care of, or treatment to, my child. I also acknowledge my son/daughter was determined by a doctor to be in sound physical condition within the last two years and has an up to date physical

Parent's signature: \_\_\_\_\_ Date \_\_\_\_\_

### D. Insurance information

In order to participate in interscholastic sports, students must have adequate on a Health and Accident insurance policy at home or purchase the school insurance.

- Adequate coverage is provided on a Health and Accident Policy at home  
Name of insurance company \_\_\_\_\_ Policy # \_\_\_\_\_  
or
- I will purchase the school insurance YES \_\_\_\_\_ NO \_\_\_\_\_

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**E. Uniform extracurricular policy**

This policy is to apply to all activities deemed extracurricular by the administration. Participation in extracurricular activities is a privilege.

I. Alcohol, drugs and tobacco

- A. Students must maintain a 100% abstention seven days a week, twenty-four hours a day from the possession or use of alcohol, or other mind altering drugs and tobacco in any form.
- B. Violations of the above can be reported by administrators, coaches, faculty, and the law enforcement officers.
- C. Any student violating this policy will be subject to the mandated procedures as outlined in the students handbook for drugs, alcohol, and tobacco.
- D. The first violation of any alcohol, drug, or tobacco use, possession or sale will result in exclusion from all sports for the remainder of the season.
- E. The second violation of any alcohol, drug, or tobacco use, possession or sale will result in exclusion from all sports for the remainder of the school year. If the second violation is proximate to the end of the school year the removal may carry over to the following school year, based on the decision of the school board.
- F. Students may practice only after the conclusion of any school suspension.
- G. Students who violate this policy shall participate in an intervention program.

II. Handbook

- A. Students must read and abide by all rules and policies in the Student Athlete Handbook. Failure to abide by these rules will result in indefinite suspension or removal from the team.

**F. Participation permission statement**

I / We request that \_\_\_\_\_ be allowed to participate in organized high school athletics, realizing that such activity involves the potential for injury -sometimes serious and disabling- which is inherent in all sports. I / We acknowledge that I / we have read and understand this warning, and fully understand the responsibilities for participating.

Parent's signature \_\_\_\_\_ Date \_\_\_\_\_

Student's signature \_\_\_\_\_ Date \_\_\_\_\_

( I have read and understand all responsibilities that I have as a student athlete)